San Mateo-Foster City School District



Positive Behavior Interventions Supports (PBIS) and Discipline Handbook

Positive Behavior Interventions & Supports (PBIS) and Discipline Handbook

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A General Overview

Audubon Elementary School supports a school-wide program based on the Positive Behavior Interventions and Supports (PBIS) framework.

School-wide PBIS is a research-based framework that has been proven to improve school climate, reduce problem behavior, and increase academic instructional time in schools (for additional information go to www.pbis.org). Two primary areas of emphasis in PBIS are prevention and instruction of social behavior. PBIS is based on the idea that when students are taught clearly defined behavioral expectations and provided with predictable responses to their behavior, both positive and corrective, all students are more likely to meet those expectations.

Audubon PBIS Team comprised of teachers, support staff and administration have developed school-wide procedures to accomplish the following:

- 1. **Define Behavior Expectations.** A small number of clearly defined behavioral expectations are defined in positive, simple, rules known as our Four Pillars of Excellence: *Responsibility, Respect, Safety and Engagement*. These expectations are defined across school settings in the expectations matrix included in this handbook.
- 2. **Teach Behavior Expectations.** The behavioral expectations and school procedures are taught to all students in the building, and are taught in real contexts. Behavioral expectations are taught using the same teaching formats applied to academic instruction. When teaching, behavioral expectations they are linked to the Four Pillars of Excellence: Be Respectful, Be Responsible, Be Safe, and Be an Engaged Learner. The rationale for the rules and behavioral expectations are presented for each setting, then staff demonstrate examples of what the expected behavior looks like in the setting. Teachers will use common scenarios in the setting to demonstrate the expected behavior, but may also demonstrate 1 or 2 examples of the 'wrong way' to do it it is also important for students to learn what is not acceptable behavior, but there should be more focus on the desired behavior. Next, students are given the opportunity to practice the "right way" until they demonstrate fluent performance.
- 3. **Acknowledge Appropriate Behaviors.** Once appropriate behaviors have been defined and taught, they need to be acknowledged on a regular basis. Giving regular positive feedback when students use behaviors they have been taught is a critical step to teaching and maintaining desired behavior.

Audubon Elementary School has developed an acknowledgment system to encourage regular recognition of desired behavior in the school. Positive or negative environments for students and staff are the result of the accumulation of individual positive or negative interactions. Research suggests that a 5:1 positive to negative ratio fosters the most positive and productive school environments. Positive interactions can occur in many meaningful ways (pat on the back, smile, verbal praise), but the goal of an acknowledgment system is to provide a regular reminder to staff during your busy days to catch kids doing the right thing. Negative interactions are any time we give attention to students for problematic behavior (e.g. "Rex keep hands and feet to yourself", "Remember class, all eyes on the teacher.", "Sophia that's a beautiful drawing, but it's time to start math.") As a school we will strive to achieve and maintain a 5:1 ratio for all students.

Through our PBIS program, "Excellent Eagles" tickets will be used by individual staff members and school volunteers to recognize students or colleagues for engaging in positive behavior. Staff members can award "Excellent Eagles" to students across all school settings, whether they teach the student or not. When handing out "Excellent Eagles" we should always clearly identify the specific positive behavior the student is being recognized for and match it with one of the school Pillars of Excellence: "Responsible, Respect, Safe, and an Engaged Learner". School-wide drawings will occur at least once per month to recognize some lucky "Excellent Eagles" for their positive behavior.

- 4. **Responding to Problem Behavior.** Despite our efforts to proactively set students up for behavioral success and to prevent problem behavior, there will still be incidents of problem behavior. When it comes to responding to problem behavior we have three primary goals:
 - a) Make sure to keep everyone safe
 - **b)** Minimize the loss of instructional time for all students (including the student who engaged in problem behavior)
 - **c)** To teach the student the appropriate behavior to use instead of the problem behavior

Every occurrence of problem behavior is an important opportunity to teach the appropriate, desired behavior to the student. In developing our Audubon PBIS program it is our responsibility to provide fair and consistent consequences for problem behavior that focus first on teaching our students the appropriate behavior and that get them back engaged in academic instruction as soon as quickly as is safely possible. The PBIS team has developed a progressive discipline model will be utilized in the school that focuses on teaching and preventing future occurrences of behavior. When students violate the behavioral expectations they will be informed that their behavior was not acceptable and how it relates to the school wide Pillars of Excellence: of Be Responsible, Be Respectful, Be Safe and Be an Engaged Learner. Instructions on using a "Minor" and "Major" Referral form are

included in this Handbook. For students who engage in recurring problem behavior, who are not responding to the school's progressive discipline system, additional individual behavioral supports will be provided.

Defining and Teaching Behavioral Expectations

Students respond to clear, consistent expectations and predictable adult responses to behavior. In order to establish a positive, predictable school environment it is important to clearly define behavioral expectations, establish agreement across staff, and actively teach those expectations from the beginning of the year to all students in the school. All staff should participate in the instruction of behavioral expectations during the first week of school and throughout the school year to create a consistent, united front. The Audubon Elementary Behavior Expectation Matrix (see pp. 6-8) is used to identify important behavioral expectations across school settings.

The Behavior Expectation Matrix is used to guide lesson planning and teaching of prioritized behavioral expectations across settings. In PBIS, instruction of social behavior is viewed in much the same way as academic instruction. The same principles of effective academic instruction apply for teaching social behavior. In the same way that we shouldn't punish kids if they can't do math problems, we should not punish students for not knowing the behavioral expectations or routines... instead we must teach them. It is our responsibility to prepare our Audubon students to be successful socially by teaching behavioral expectations and school routines from the beginning of school year, followed by periodic review throughout the year. We also understand that effective instruction of social behavior should:

- a) Occur in the natural setting, for example we should teach expectations and routines for recess behavior on the playground, not in the classroom
- b) Focus on what to do instead of what not to do, for example teach how to keep hands and feet to self, instead of what not to do
- c) Physically demonstrate or model the expected behavior, not simply talk about it
- d) Give students the opportunity to actively practice the expected behavior in the real setting with feedback
- e) Link expected behavior to the School-wide rules



Audubon Elementary School Behavior Expectations

			90	æ	
	Be Engaged	Be Safe	Be Responsible	Be Respectful	
 Listen to adults in office 	 Only go to office if directed by adult 	 Keep hands and feet to self While seated: Keep 2 feet and 4 legs (chair) on the floor 	State your purpose politely Wait patiently for your turn Stice Stice Stice Stice Stice State your purpose politely Stice Sti	 Use Polite Language: "Please", "Thank you" Wait in a single file line Use quiet voice 	Office
 Read quietly during library time Line up when directed to 	 Quietly sit and listen to librarian 	 Keep hands and feet to yourself While seated at a table, keep 2 feet and 4 legs (chair) on the floor Walk at all times Use library computers for book searches only 	 Put books back where they belong Sit and read once you have found a book Push in your chair 	 Use quiet voice Listen to instructions, and directions Wait in line quietly while waiting for check-out Keep library clean: this is a food and candy free zone 	Library
 Listen to yard supervisors Be ready on time 	 Stay focused on eating your food 	 In line leave space between you and others Walk at all times Keep all food off the ground 	 Wait your turn in line. All food and drink stay in eating areas Pick up trash around you-even if left by others 	 Only eat YOUR food Clean up your area: table and ground Patiently wait to be excused 	Lunchcourt/ Lunch Time
 Work together to solve problems Be aware of your surroundings 	 Be an ally to other students 	 Walk to/from class and playground Avoid all play fighting Stay in designated play areas 	 After the whistle, come off play structure and sit Put away all equipment Tell an adult on the yard if someone is hurt 	 Wait your turn in line Listen to all adults. Follow the rules of the game 	Playground
 Stay focused on activity/game Pay attention to teacher signals (blowing whistle) 	 Listen to PMT/PE teachers 	 Wear appropriate clothes and shoes Stand in appropriate line quietly Use equipment as directed by an adult 	 Show good sportsmanship: play by the rules Return equipment to designated area Follow directions for activity 	 Be a team player: encourage others Use inside voice in activity room/MPR 	PE/PMT
 Notify adults of any problems 	 Pay attention to your surroundings 	 Walk at all times Keep hands, feet, and objects to yourself Move with the flow of traffic 	 Stay in line facing forward unless directed by an adult Keep halls clean: this is a food and candy free zone 	 Use quiet voices-to keep from disrupting others STOP, LOOK, and LISTEN when spoken to by adults 	Hallway/ Stairway
 Pay attention to your surroundings 	 Stay focused on your task 	 Walk to and from restroom Keep water in the sink and off the floor Report any spills or messes 	 Flush toilets Wash and dry hands Tell an adult if there is a problem in the restroom 	 Give people privacy Use quiet voice Wait your turn 	Hallway/ Mestrooms

Behavior Expectations Hallway/Stairway SAMPLE Lesson Plan

Step 1: Review School Wide Rules

Be Kind, Be Safe, Be Responsible & Be an Engaged Learner

Step 2: Teach Expectations for Specific Setting

Step 3: Tell Why Rules are Important

It's important to be Respectful, Responsible, Safe and an Engaged Learner in the hallways/stairways so:

- o Nobody gets hurt
- o We don't bother other students working in the classrooms
- o We know where all of the students are to keep them safe

Step 4: Demonstrate Rules

Group Line in Hallway:

Demonstrate - line, move with group, appropriate spacing, face forward, hands to side &,mouths quiet,

Walking down stairs – hold rails, stay on appropriate side of stairs for either going up, or coming down.

<u>Individual in Hall</u>

Quietly walk directly to your location

Pillar of	<u>Example</u>	<u>Non-Example</u>
<u>Excellence</u>		
D (1 (D)	A student walks, facing	A student runs down the
Be Safe/Be	forward, down the hallway	hallway.
Engaged		Student looking backward, not
		moving w/ line
	A student silently looks at the	A student talks loudly to her
Be	schoolwork on the walls as her	friend as she walks with her
20	class moves down the hallway.	class.
Respectful	She keeps her hands at her	
	sides.	
	A student walks directly to	A student walks the "long way"
Ве	where he is supposed to go in a	to and from his destination
_	timely manner	and stops to visit with the
Responsible		people in the office and in the
		halls.

Step 5: Provide Opportunities for Student Practice

• Have class practice walking as a group down the hall & teacher/staff provide specific feedback (e.g. "nice job keeping your hands to self that is

- very safe, great job looking forward and keeping mouths quiet; make sure we remember to give the person in front of us enough space)
- Teacher can demonstrate examples & non-examples and have students tell you what the teacher is doing that is

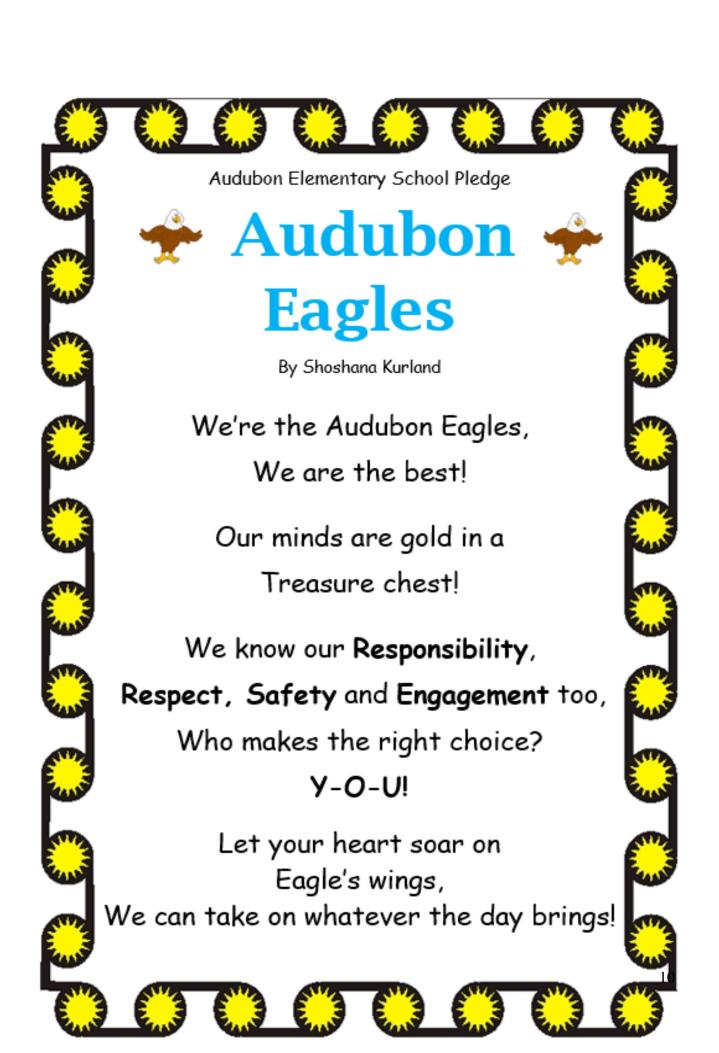
Audubon PBIS

Yearly Teaching Schedule

Re-teaching of behavioral expectations and routines will occur as necessary throughout the year. This will be planned by the Audubon PBIS team

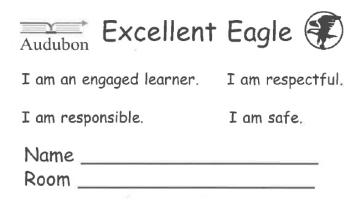
Strategic re-teaching and booster sessions will occur during the first week of school following:

- o Winter Break
- o Spring Break



Acknowledgement System

On a daily basis, a student can earn an "Excellent Eagle" when they are following any or all of the Four Pillars of Excellence: Responsible, Respectful, Safe, and Being an Engaged Learner by a staff member (see matrix for examples). There will be many instances when a student will receive verbal praise, a smile, wink or nod instead of an Excellent Eagle. The staff member may choose to give an Excellent Eagle in order to have greater impact. Excellent Eagles are intended to serve as a reminder to staff to catch kids doing the right thing, in pursuit of a 5 to 1 positive to negative ratio at Audubon. All students should receive Excellent Eagles when they engage in positive behavior... we do not want to exclude those students who are always engaging in appropriate behavior or those students who are more at-risk for challenging behavior. All students deserve and need to be recognized for positive behavior, and all students engage in positive behavior.



All staff members, volunteers and substitute teachers should have the opportunity to hand out Excellent Eagles whether they teach that particular student or not and tickets can be handed out across all school settings. This is a school-wide effort to increase recognition of positive student behavior. Recognition of positive behavior is an important step in teaching students appropriate social behavior. Excellent Eagles are designed to be user friendly. They are small enough to hopefully fit into a pocket and will only take a quick moment to fill out. It can be important to teach and remind students that they will not receive an Excellent Eagle if they ask for it.

How does the process work?

- 1. A staff member observes a student displaying one of the behaviors outlined on the expectations matrix or another positive behavior in school.
- 2. The staff member hands a completed Excellent Eagle to the student while complimenting the student. Tickets should always be accompanied with a verbal explanation to the student identifying the **specific behavior** they are being recognized for and linking the behavior to a **school rule**. For example, "Wow, thank you for stopping to **help pick up Jenni's books**, that was very **Responsible** of you, you've earned an Excellent Eagle."
- 3. The student brings the award back to his or her classroom to place in his or her classroom's receptacle.
- 4. Teachers have the option of doing a classroom reward for number of awards earned by his or her students.
- 5. Each classroom collects Excellent Eagles for the week. Before the Words of Wisdom on Friday morning, each class brings his or her classroom awards down to the front office. After saying the Audubon Pledge and announcements, the principal draws 2 names from each receptacle. The students' names are read and the students come forward for a prize a picture with their principal or teacher to be posted in the school.

<u>Correction System - Responding to Problem</u> Behavior

We only earn the right to use consequences for problem behavior after explicitly teaching and reinforcing the behavior we expect. Despite our best attempts to set students up for success in a positive environment that prevents problem behavior, kids will still occasionally engage in problem behavior – they are kids! When responding to problem behavior at Audubon Elementary, we will be guided by the following principles:

- We will respond to problem behavior only in ways that maintain the safety, well-being and dignity of the child.
- A primary focus of responses for problem behavior is the instruction of the expected behavior
- Our primary goal in responding to problem behavior is to minimize the loss of instructional time for that student and all other students in the setting

Primary goals in responding to problem behavior are to identify minor problem behavior early and quickly and calmly redirect the student back to the task at hand. If the student does not respond to initial redirects pre-planned consequences may be required.

Level 1:

Staff are encouraged to deal with minor problem behavior in the classroom. The response to many behaviors will be a simple redirection and return to instruction (e.g. redirect to task, a calm response to engage in the expected behavior, or recognizing a neighboring peer for the expected behavior).

Level 2:

For student behavior that persists beyond a warning or repeated redirection, disrupts instruction, or recurring student behavior a teacher redirection may be paired with a Minor Referral. When delivering a Minor Referral staff members should clearly identify the behavior of concern, link it to violation of a school-wide rule and use the opportunity to have the student practice the appropriate response whenever possible. Staff may pair with a classroom consequence, however, make sure to try to reduce the loss of instructional time.

Behaviors that are given a Minor Referral frequently warrant communication with parents, student will receive a Minor Referral form. Behaviors that indicate a Minor Referral are more serious than a Level 1 offense and may result in disciplinary action. Students may also receive a Minor Referral for repeated redirections for the same behavior.



Na	me:				Grade:
	First	Last			
Da	te:	Time:	Classroom Tea	ache	r:
	formed Dur	Others i	nualuad:		
16	епец ву	Others ii	iivoiveu		
Pr	oblem Behavior			Lo	cation
0	Loud voices/yellir	ng		0	Classroom
0	Running/ Play figl	nting or pushing		0	Playground
0	Disruption of Lea	rning		0	MPR
0	Off-task behavior	s		0	Bathroom
0	Not being prepar	ed for class/Missing	Homework		Library
5	Teasing Name Ca			_	Lunch Court
0	Breaking commo	n area rules		0	Computer Lab
P۸	ssible Motivation			0	
U				0	
0	Peer Attention			0	Other
0	Obtain Adult atte				
	Obtain items/Act				
	Avoid Tasks/Activ	ities			
	Avoid peer(s)				
_	Avoid Adult				
	Unknown Motiva				
0	Other				
Со	mments?				
_					
	tion Taken:				
	Action pending				
_	Conference with				
0	Loss of :				
0	Other:				

Level 3:

Serious student offenses for which the school principal will be involved call for an Office Discipline Referral. Such offenses will merit parent communication and will likely result in some disciplinary action. Based on teacher judgment a student may also receive a Discipline Referral for receiving 3 Minor Referrals for the same offense within a one month period. Disciplinary responses for Level 3 offenses will focus on minimizing the loss of instructional time and focus on returning the student to the classroom as quickly as possible when it is safe to do so. Once again instruction of the expected behavior, including student practice, should be a consistent component of all disciplinary responses.

As much as possible natural consequences for behavior will be issued (e.g. writing an apology, making up missed instructional time), which may include restitution for damaged property. Out of school suspension may be warranted in the most extreme cases, but only when the physical safety of the student, peers or staff are of concern. In such cases, every attempt will be made to instead use In-school suspension and maintain access to instructional activities to the greatest extent possible.





Major Referral

	First	Last					
oom -	Teacher:			ferred	By:		
s invo	lved in the incident: Nor	neS	StaffU	nknov	vnOther		Peers
e(s)			Be	ehavio	r: Minor		Major
1-/	All Minor behaviors are f	iled with clas	sroom teachers. A	Maio	ors will require Admi	inistr	ative Action.
		aviors		T			
Tea	cher/Staff Managed		trator Managed	Pos	ssible Motivation		Location
	nor Problem Behavior		roblem Behavior	10.	SSIDIC WOUVERON		LOCULOTI
	oud voices/yelling	o Inappr		-	Peer Attention	0	Classroom
	,,		ge/gestures				
o Ru	unning/ Play fighting or		rate intent to	0	Obtain Adult	0	Playground
	ushing	cause	injury/		attention		,,,,
	-6		opriate physical			0	MPR
			t or aggression				
o Di	sruption of Learning		efiance-Refusal to	0	Obtain	0	Bathroom
	ff-task behaviors	Obey S	taff		items/Activities		
	ot being prepared for		ng/plagiarism	0	Avoid	0	Library
cla	ass/Missing Homework				Tasks/Activities		
o Te	easing/Name Calling	o Excessiv	ve intimidation or	0	Avoid peer(s)	0	Lunch Court
		Threats					
		Harassr	ment/Bullying				
o Br	eaking common area	o Destru	ction of School	0	Avoid Adult	0	Computer Lab
	les	Proper	ty/misuse				
**3 M	inor Referrals in the same	o Intern	et misuse/cyber	0	Unknown	0	Music
	th for the same behavior	bullyin	g		Motivation		
will re	sult in a Major Referral**						
		o Assaul	t	0	Other	0	PE/PMT
		o Theft		1		0	Other
		o Bringir	ng Weapons to	┨		_	
		School	_				
	ategies/interventions use	a to concer	productii ochavors	-			
nistrat	tive Action						
	tive Action Time in Office		Loss of :		o In-sch	laor	suspension
0			Loss of : Parent Contact:				suspension nool suspension





Rule Violation Response Continuum of Problem Behaviors

Level							
	Staff	Multiple Staff members	Administration	Administration and Community			
	<u>Minor</u>	Chronic Minor Referrals	Major Referral	<u>Illegal</u>			
Definition	A problem behavior that has low intensity, short duration, and does not occur with regular frequency. Staff responds by reteaching the appropriate behavior & rule.	Minor behaviors repeated over time that require staff attention due to significant intensity three times in one month for the same behavior. Staff can respond with consequence.	A problem behavior that has high intensity, or long in duration, or occurs with increasing frequency. Staff members are not able to respond to independently.	Behaviors that are defined by the law to be illegal.			
Examples	Loud voices, yelling, running, play fighting, pushing, disruption of learning, teasing, name calling, not being prepared for class, missing homework, breaking common area rules.	Recurring minor problem behaviors (Loud voices, yelling, running, play fighting, pushing, disruption of learning, teasing, name calling, not being prepared for class, missing homework, breaking common area rules)	Inappropriate Ianguage/gestures, deliberate intent to cause injury/inappropriate physical contact or aggression, overt defiance-refusal to obey staff, destruction of school property/misuse, internet misuse/cyber bullying, assault, theft, bringing weapons to school	Weapons, drugs/alcohol other			
Procedures	1. Redirect student reteach behavior. 2. Remind students of appropriate behavior and potential positive and negative consequences. 3. Repeat reminder of appropriate behavior-incorporate three strategies/interventions to correct behavior. 4. Student completes Behavior Reflection Form. 5. Staff member fills out Minor Referral form.	1. Redirect student behavior 2. Fill out Minor Referral form when student is ready. 3 minor referral for the same behavior in the same month will result to a Major Referral 3. Give additional classroom consequence if warranted.	Fill out Major Referral Form. Get administrative support Administrator implements consequence	Ensure safety of students and staff then follow procedures of major behaviors.			



Student Behavior Management Process



Prepare students, pre-correct potential misbehaviors, intentionally set the tone for the next event.

1

Observe and identify problem behavior

udent T

Is the behavior Teacher or Office Managed?

Redirect student Re-teach behavior

Remind student of appropriate behavior using Corrective Teaching Steps in this situation and of potential positive and

potential positive and negative consequences

Repeat reminder of appropriate behavior. Incorporate 3 strategies/interventions to correct behavior

Student completes Behavior Reflection Form

Staff Member fills out Minor Referral Form.

3 Minor Referrals in the same month for the same behavior will result to a **Major** Referral

Teacher/Staff Managed	Administrator Managed			
Minor Problem Behaviors	Major Problem Behaviors			
Loud voices/yelling	Inappropriate			
	language/gestures			
Running/ Play fighting or	Deliberate intent to cause			
pushing	injury/inappropriate			
	physical contact or			
	aggression			
Disruption of Learning	Overt Defiance-Refusal to			
Off-task behaviors	Obey Staff			
Not being prepared for	Cheating/plagiarism			
class/Missing Homework				
Teasing Name Calling	Excessive intimidation			
	Threats			
	Harassment/Bullying			
Breaking common area	Destruction of School			
rules	Property/misuse			
	Internet misuse/cyber			
	bullying			
	Assault			
	Theft			
	Bringing Weapons to			
	School			

Referring Staff member completes **Major Referral** form and sends student with form to the office.

Student completes Behavior Reflection Sheet

Administrative action

Administration follows up with referring teacher

Did the behavior change?



₩

Notice and reward the corrected behavior

Complete Major Referral form. Send Student with both forms (Behavior Reflection Sheet and Major Referral) to the office for administrative action.

Corrective Teaching Steps

- Initial Praise/Empathy Manner in which to approach the child in a neutral manner
 - Thank you for coming over here to me...
 - I can tell that you are upset right now...
- 2. Describe Inappropriate Behavior
 - Describe what you saw
- 3. Describe Appropriate Behavior
 - Discuss Pillar of Excellence or Appropriate Behavior Expectation
- 4. Rationale
 - Explain why correct behavior is expected and/or how correct behavior will help student be successful
- 5. Request acknowledgement
 - Student shows that they understand
- 6. Practice
 - o Show me or tell me how to do this correctly...
- Feedback and/or consequence
 - Example: Restitution, owe time, etc.
- 8. General praise
 - Thank you for talking with me
 - o I know you can do it!



Possible Teacher/Staff Strategies and Interventions

- o Positive reinforcement
- Changed student seating
- Loss of privilege
- Conference with student
- Time in buddy teacher class
- Completion of Behavior
 Reflection form
- Individualized instruction

- Parent contact (e-mail, phone, in person)
- Conference with parent/student
- o Meeting with Administrators
- o SST/YSB referral

Individual Student Behavioral Supports

Audubon PBIS Team will regularly review discipline referral data to identify areas for intervention and students who are at-risk. For students who engage in repeated, chronic behavior, additional supports will be put into place. Research has found that 10-15% of students will require additional support to be successful socially in school. Some of these students will respond to simple levels of intervention, while others will require more intensive individualized support.

Audubon Elementary will provide a continuum of individual positive behavioral interventions and supports which will be available to all students, but will be will be put in place to support students with recurring challenging behavior. This continuum of support will be provided for at-risk students. When students are identified as at-risk for problem behavior, a continuum of individual behavioral support will be provided to support students in hope of reducing their likelihood of receiving additional disciplinary contacts, suspensions and lost instructional time. Daily data will be collected for all interventions implemented with students at-risk for behavioral concerns to monitor student progress and evaluate the effectiveness of interventions.